

APPENDIX C: GROUND RULES

MEDIATION GROUND RULES

1. Speak in a civil manner to everyone in the session.
2. Talk openly and honestly.
3. Be courteous, and allow others to complete what they are saying. Only one person should speak at a time.
4. Focus on future actions rather than past events.
5. Ask for a break if you want one.
6. Allow the mediators to direct the flow of the meeting.
7. Remember that the mediators are impartial and will not judge what anyone is saying.
8. Keep in mind that you and the other parties are the real experts on the issues involved in the mediation.
9. Think of solutions that will be acceptable to everyone who is involved with the problem.