

ABA NEWS

AT A GLANCE

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BURNOUT BUSTER The stressful demands of a life devoted to the law can take their toll on lawyers. Now comes a new weapon in the war against burnout. "Rest Assured: The Sabbatical Solution for Lawyers," recently released by the ABA Career Resource Center, extols the benefits of sabbaticals in rejuvenating legal professionals and maintaining their peak performance within their organization. "Rest Assured" helps legal workplaces recognize ways to invest wisely in their professional "human capital," and helps lawyers create a framework for proposing and implementing a sabbatical break. Author Lori Simon Gordon details anecdotes of lawyers invigorated by sabbaticals who returned to the workplace renewed. The book can be ordered from the ABA Service Center, 800/285-2221. Request product code V02RATB.

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